# General Instructions and Outline & Document Conventions of the

# Common Protestant Outline for RESTORE, REKINDLE, RENEW ENRICHMENT

It is assumed that presenters have written their talks to the traditional Weekend CPO outline before making the small amendments needed for the 3RE. For that reason these General Instructions will not go into the points about exercises and talk content. No Conventions (about timing and allocation or how to interpret the Outline Only or Outline & Mentality) have been changed.

However, because it's likely that fewer than three lay couples may lead the 3RE, presenters will want to check that they don't use the same stories, examples, phrases, etc. Living our Covenant assignments may need to be reallocated. It is strongly recommended that two lay presenters be fully capable of presenting every presentation, allowing for emergencies.

In general, very little has been changed to the CPO Outline in order to carry out a 3RE, beyond transitions and logical adaptation to the fact that these sessions will take place over 7-8 weeks, rather than a 44-hour weekend.

For each presentation except for Living our Covenant (which is unchanged), an adapted Outline Only and Outline & Mentality has been created, along with a one- or two-page Summary of Changes. Changes and additions have been marked with *BOLD AND ITALICIZED CAPITAL LETTERS* so that they can be easily found even when printed in black ink. Deletions have been illustrated with simple cross-outs.

No Templates have been developed for these, as it is much easier to amend the files of our personal sharings than to start over with a new Template, but for each session you will have the summary of changes for that talk, the Outline Only, Outline&Mentality, a PowerPoint presentation holding embedded notes that follow/mirror the outline, a PDA sheet, and a set of Dialogue Questions. You might modify the PowerPoint and handouts as desired.

### These are the biggest changes:

- \* Transitions: wrap ups and recaps, teasers and motivation to return
- \* Timing so see the accompanying Suggested Timetable
- \* Nuts and bolts regarding the facility, private space, etc.
- \* Weekly Q&A time
- \* Take home packet every week, referred to as the PDA (Pray, Dialogue, Act)
- \* Availability of support by the presenters

- \* Metaphor of climbing a mountain might be woven throughout just remember that not all couples experience their mountain-top when we expect them to.
- \* New dialogues:
  - In Encounter with Self, the Lay writes a NEW dialogue to model a dialogue now being offered to the couples on "What behavior of mine positively affects our relationship? HDIFSTWY?"
  - In Marriage in Today's World, the Clergy shares the dialogue they had <u>already</u> written for Impact of Dialogue in the weekend version.
  - In Impact of Dialogue, the Lay writes a NEW dialogue that illustrates the typical, day-to-day sort of dialoguing they do at home.

WWME has created a **Power Point presentation** for their 3REs, along with "homework" packets (PDA). Both have been adapted for CPO 3RE use, although the Power Point is not an "official" one approved by the Interfaith Board in any way. Each Faith Expression could adapt their existing Power Point presentations based on this.

The Mennonite & Brethren M.E. community in Pennsylvania also created a document to give to prayer couples, which has also been adapted very slightly in order to blend with the OO and O&M being distributed via the Interfaith Board as "February 2016."

#### Does the Workbook need to be modified?

At this point, the main difference is the dialogue requested of the couples in Self "What behavior of mine positively affects our relationship? HDIFSTWY?" which is not printed in the Workbook.

## How many sessions?

It's up to you and your couples, but 7 or 8 make the most sense. The WWME piloted 3REs and those carried out by the M&B both combined talks into these 7 sessions:

- I. Welcome, Introduction, and Feelings 2 hours
- II. Encounter with Self about 2-1/4 hours
- III. Marriage in Today's World & Listening about 2-1/2 hours
- IV. Areas for Reaching Out & God's Desire about 3:15 (you might consider shortening the writing and dialogue times)
- V. Risk & Impact of Dialogue about 2 hours
- VI. Marriage as Covenant about 3-1/4 hours
- VII. Living our Covenant about 2-3/4 hours\*

#### **Inconsistencies and errors:**

Please report any and all typos, inconsistencies, AND suggestions to CPO Outline Chairperson, Jean Fell, davidjeanfell@hotmail.com

May God richly bless your use of this wonderful new tool in the toolbox of WWME.

<sup>\*</sup> this assumes a 60 minute worship service. M&B ME in PA changes up this final session by starting earlier, offering a simple meal, and closing with worship.